



## Healthy Snack Policy

Our aim is to ensure that snacks brought from home provide the pupil with healthy and nutritious food. The children's feedback has contributed to this policy.

For their break time snack pupils will be allowed to bring:

- all types of fruit
- raw vegetables
- crackers, crispbreads, oatcakes, breadsticks (with cheese or without)
- pouch/tube yoghurts or fromage frais
- 2 x plain or breakfast biscuits (e.g. digestives, Belvita)
- 1 x wrapped cheese portion (e.g. Babybel)

During break time KS2 pupils also have the opportunity to buy toast and/or juice drinks from the school canteen.

In addition, we also encourage pupils to bring in refillable water bottles, so they can have access to water throughout the school day.

Pupils will continue to be fully informed about this policy through assemblies and class discussions.

